

ST. BARNABAS CHURCH, SWANLAND
SMALL GROUPS NOTES

Sharing Christ through friendship

Week beginning 20 November

Reading: Matt 5:33 - 42 and Deuteronomy 15: 7 - 11

Theme: The King's Speech (9) BEING TRUE TO YOURSELF.

Icebreaker	Share and discuss together times when you have been 'True to yourself', and also times when you have not
Worship	Praise my soul the King of Heaven. Create in me a clean heart. Reign in me.
Word	Read Matthew chapter 5 verses 33 – 37 Is there any place for oaths today? Why are oaths not appropriate in private relationships? Are there times when it may not be appropriate for your 'Yes, to be yes' or 'No to mean no.' In what ways does knowing that we are made in God's image influence the way we behave.
	Read Deuteronomy 15: 7- 11. & Matthew 5: 38 – 42 What do these scriptures tell us about the way we should treat people today? How should we respond to homeless people or beggars that we see on the streets in Hull? When might we give some one our 'cloak', when all they need is our 'tunic'.
Prayer	For God to show us ways in which we can be more 'True to ourselves'. Ask God to show us the circumstances in which we might 'Go the extra mile'
Witness	Respond to what God shows us in the prayer time.